

# mHealth Intervention for Pain Self Management

**Status:** RECRUITING

## Eligibility Criteria

**Age:** 18 years and over

This study is NOT accepting healthy

**Healthy Volunteers:** volunteers

### Inclusion Criteria:

\* In a post-treatment stage with no evidence of disease (complete remission) \* Diagnosed with cancer in the past three years \* Experiencing cancer/treatment-related pain \*  $\geq 18$  years of age at the time of first diagnosis \* Cognitively able to actively participate in an online-based study \* Able to read, write, and understand English

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### Exclusion Criteria:

\* Individuals who currently use any medication for psychiatric reasons (including stimulants, and mood stabilizers) \* Patients with major psychotic disorders (bipolar disorder or schizophrenia) and/or substance use disorders. \* Those who are currently pregnant or plan to become pregnant in the next three months

## Conditions & Interventions

### Interventions:

BEHAVIORAL: Mobile Health (mHealth) Intervention

### Conditions:

Pain, Pain Management, Symptom Monitoring, Symptom Management, Cancer Survivorship

### Keywords:

cancer survivorship, pain management, mHealth, behavioral intervention, nonpharmacologic intervention, app, digital health

## More Information

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**IRB**

**Number:**

**System ID:** NCT07332377

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