

Virtual Housecalls: Redesigning Pediatric Primary Care Adolescent Obesity Treatment

Status: RECRUITING

Eligibility Criteria

Age: 12 years to 15 years old

This study is also accepting healthy

Healthy Volunteers: volunteers

Adolescent

Inclusion Criteria:

* English or Spanish-speaking * 12-15 years of age * Receiving care at a participating clinic * Body Mass Index (BMI) $\geq 95\%$ and $\leq 120\%$ of the 95% * Access to a mobile device with a webcam that can receive texts Parent

Inclusion Criteria:

* English or Spanish-speaking * Primary legal guardian ≥ 18 years of age living with the adolescent

Exclusion Criteria:

* conflicts that would inhibit the ability to participate in all aspects of the study as outlined in the study protocol * family plans to move outside of the study area or plans to no longer be a patient at a participating clinic in the 12 month study period * the primary care provider or PI determines that the study is not clinically or medically appropriate (e.g., significant psychiatric, cognitive, physical or developmental conditions that would impair their ability to complete assessments, participate in study sessions, or conduct physical activity) based on screening at study onset * adolescent exhibits severe dietary restriction or compensatory behavior (e.g., vomiting, laxative abuse) based on screening at study onset and clinical interview by a study psychologist * adolescent is currently pregnant/plans to become pregnant during study period * adolescent is participating in another weight loss program, has had or plans to undergo weight loss surgery * adolescent has a chronic medical condition(s) and/or uses medication that substantially impacts or interferes with growth, appetite, weight or physical activity participation * adolescents taking anti-obesity medication are ineligible if they are not a stable dose for at least 3 months prior to study participation

Conditions & Interventions

Interventions:

BEHAVIORAL: Virtual Housecalls

Conditions:

Class I Obesity, Pediatric Obesity

Keywords:

Lifestyle Intervention

More Information

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IRB

Number:

System ID: NCT07246603

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