

# C-SMART vs BE Well for Patients With Brain Tumors

**Status:** RECRUITING

## Eligibility Criteria

**Age:** 18 years and over

This study is NOT accepting healthy

**Healthy Volunteers:** volunteers

Patient

### Inclusion Criteria:

\* Patient of Virginia Commonwealth University Neuro-Oncology clinic \* Confirmed primary brain tumor diagnosis by histology or neuro-oncologist review of imaging \* At least one domain of neurocognitive function  $>1.5$  SD below the average or the individual's estimated premorbid functioning, using the expanded International Cognition and Cancer Task Force (ICCTF) clinical trials battery and Test of Premorbid Functioning62 for comparison; (3)  $>1$  month post brain surgery and/or radiation therapy, if applicable; \* Estimated premorbid intelligence  $>75$ . \* Patients must be age 18+ and \* Primarily English speaking. Patient

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### Exclusion Criteria:

\* Presence of major neurocognitive impairment that would prevent participation in the intervention, and/or severe aphasia, and/or inability to understand and provide informed consent \* Inability to attend weekly telehealth appointments \* Clinically significant insomnia symptoms coupled with report that insomnia is more interfering than cognitive symptoms \*  $<1$  month post brain surgery and/or radiation therapy \* Unstable internet connection or an inability to work teleconferencing software. Participants will be supplied an iPad if they do not have an adequate device. \* Participants cannot have metal in their body as the MRI scan could cause them harm \* If female of childbearing years, they cannot be pregnant as the MRI scan may pose risk to the unborn fetus Caregiver Inclusion Criteria \* Must enroll with a patient (see criteria above) \* Must be age 18+ and \* Primarily English speaking Caregiver Exclusion Criteria -N/A

## Conditions & Interventions

### Interventions:

BEHAVIORAL: C-SMART, BEHAVIORAL: BE Well

### Conditions:

Brain Tumor

## More Information

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**Principal Investigator:**

IRB

**Number:**

**System ID:** NCT07224503

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