

Peer Support for Adolescents and Emerging Adults With Sickle Cell Pain

Status: RECRUITING

Eligibility Criteria

Age: 16 years to 30 years old

This study is NOT accepting healthy

Healthy Volunteers: volunteers

Inclusion Criteria:

1. Aged 16 to 30 years of age at time of enrollment 2. Sickle Cell Disease diagnosis of any genotype based on referral or documentation 3. Reports chronic pain (≥ 4 days/week for past 3 months or more) OR A) Being prescribed pain medication to be taken (≥ 4 days/week for past 3 months or more) OR B) Taking pain medication (≥ 4 days/week for past 3 months or more) OR C) Receiving non-pharmaceutical pain treatment (≥ 4 days/week for past 3 months or more) 4. Access to an iOS or Android mobile device with internet access

Exclusion Criteria:

1. Unable to speak or read English 2. Prior hematopoietic stem cell transplant for sickle cell disease

Conditions & Interventions

Interventions:

BEHAVIORAL: CBT+ Health coach, BEHAVIORAL: CBT w/o Health Coach (self-guided), BEHAVIORAL: Usual Care

Conditions:

Pain, Sickle Cell Disease

Keywords:

Sickle Cell Disease, Pain management, Cognitive Behavioral Therapy, Wellness

More Information

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Principal Investigator:

Phase: NA

IRB

Number:

System ID: NCT06374238

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