

Behavioral Exercise Training to Reduce Cardiovascular Disease Risk

Status: RECRUITING

Eligibility Criteria

Age: 40 years to 85 years old

This study is NOT accepting healthy

Healthy Volunteers: volunteers

Inclusion Criteria:

* Be diagnosed with stage II/III/IV prostate cancer * Be currently undergoing treatment with ADT (intermittent or prolonged) * Have completed local curative-intent treatment, including prostatectomy or definitive radiation; * Be ≥40 years of age up to 85; * Be willing to sign an informed consent with HIPAA authorization form; * Not have any hearing or sight impairments that result in the inability to use the telephone or hear normal conversation; * Must be able to join an intervention group by personal computer, smartphone or telephone call and should agree to recording of an interview; * Be without any serious medical condition that precludes safe participation in an exercise program; * Speak English

Exclusion Criteria:

* Be unable to undergo MRI (i.e., ferromagnetic materials in body, inability to lie flat, claustrophobia); * Have contraindications to exercise testing; * Have pre-existing overt cardiovascular disease/heart failure; * Active illness/infection; * Hemoglobin < 7.0 grams/dL * Platelet count < 10 x 10⁹/L

Conditions & Interventions

Interventions:

BEHAVIORAL: Exercise Training Intervention, BEHAVIORAL: Healthy Living Education

Conditions:

Prostate Cancer, Supportive Care

Keywords:

Prostate Cancer, Supportive Care, Exercise

More Information

Contact(s): Alexander R Lucas, PhD - Alexander.Lucas@vcuhealth.org

Principal Investigator:

Phase: PHASE1

IRB

Number:

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