

Neuroscience-informed Treatment to Remotely Target Reward Mechanisms in Post-acute Anorexia Nervosa

Status: RECRUITING

Eligibility Criteria

Age: 18 years and over

This study is NOT accepting healthy

Healthy Volunteers: volunteers

Inclusion Criteria:

1. Age \geq or = 18 years old 2. Ability to read and speak in English 3. DSM-5 diagnosis of AN or atypical AN at admission to higher-level care 4. In higher-level care discharging to outpatient care or discharged to outpatient care within the past 3 months 5. Current BMI \geq or = 18.5 kg/m² (or will be by time of discharge) 6. BMI increase of \geq or = 0.5 kg/m² while in higher-level care 7. Ability to designate and sign a release of information for a primary physical or mental health provider for study duration 8. Willingness to participate in weekly assessments (e.g., weight monitoring) and audio or video recording of study therapy sessions for study duration 9. Access to a smartphone and/or computer permitting engagement in remote therapy and assessment.

Exclusion Criteria:

1. Medical instability for outpatient care; 2. Pregnancy 3. Lifetime DSM-5 primary psychotic or bipolar-I disorder 4. Current DSM-5 substance use disorder 5. Enrollment in outpatient therapy with highly overlapping content to PAT-AN

Conditions & Interventions

Interventions:

BEHAVIORAL: Positive Affect Treatment for Anorexia Nervosa (PAT-AN); BEHAVIORAL: Psychoeducational and Behavioral Therapy (PBT)

Conditions:

Anorexia Nervosa

More Information

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Principal Investigator:

Phase: NA

IRB

Number:

System ID: NCT05799872

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