

# Exploring the Familial Reach of Adolescent Obesity Treatment

**Status:** Recruiting

## Eligibility Criteria

**Age:** 8 years and over

This study is NOT accepting healthy

**Healthy Volunteers:** volunteers

### Inclusion Criteria:

- Untreated children: must be between 8-17 years of age and primarily living in the same household as the TEENS+ participants.
- Untreated caregiver: must be 18 years of age or older and primarily living in the same household as the TEENS+ participants.
- Treated caregivers: must have another individual in the household that meets the eligibility for an untreated child or untreated caregiver.

---

### Exclusion Criteria:

- temporarily (<1yr) living in the home
- children with a BMI<5th%ile or caregivers with a BMI<18.5 kg/m2
- non-English speaking
- medical condition(s) that may be associated with unintentional weight change or significant disruption to eating behaviors (e.g., hypothalamic injury, Prader-Willi, G-tube placement, or malignancy)
- clinically significant eating disorder (e.g., anorexia nervosa or bulimia nervosa)
- following a medically-supervised/prescribed diet
- psychiatric, cognitive, physical or developmental conditions that would impair the individual's ability to complete assessments.

## Conditions & Interventions

### Interventions:

Other: No intervention

### Conditions:

Pediatric Obesity

### Keywords:

Pediatric Obesity, Lifestyle Intervention, Family-Level Change, Family-based Intervention

## More Information

**Contact(s):** Sarah M Farthing, MS - sarah.malone@vcuhealth.org

**Principal Investigator:**

**Phase:**

**IRB**

**Number:**

**System ID:** NCT05780970

---

Thank you for choosing StudyFinder. Please visit <http://studyfinder.cctr.vcu.edu> to find a Study which is right for you and contact [ctrrecruit@vcu.edu](mailto:ctrrecruit@vcu.edu) if you have questions or need assistance.