

NOURISH-T+: Promoting Healthy Eating and Exercise Behaviors

Status: RECRUITING

Eligibility Criteria

Age: 5 years to 14 years old

This study is NOT accepting healthy

Healthy Volunteers: volunteers

Inclusion Criteria:

Eligible Pediatric Cancer Survivors must be: 1. 5-14 years of age at enrollment; 2. Off active treatment for at least 6 months; 3. At or above the 85th BMI %ile; 4. Able to complete assessments with the help of clinic staff and the USF research team; 5. Residing with the participating parent; 6. Able to engage in PA tailored to current medical status; 7. NOT taking medications that affect body weight (e.g., steroids) within 6 months of enrollment, and 8. In remission -- PCS who experience a relapse of cancer during the intervention will be excused from further involvement. 9. Must be English- or Spanish-speaking
Participating Parents must: * Be either biological or adoptive and/or step mothers or fathers and must be permanent legal guardians of the PCS * Be at least 18 years old * Identifies as the main meal preparer at home * Must be English- or Spanish-speaking

Exclusion Criteria:

* Parents are ineligible if they are non-ambulatory and/or do not reside at least 50% of the time with their participating child. * Female parents who are currently pregnant will be excluded from the study. * Children are ineligible to participate if they are non-ambulatory. In addition, children who are wards of the state will be excluded from the study.

Conditions & Interventions

Interventions:

BEHAVIORAL: NOURISH-T+, BEHAVIORAL: Brief NOURISH-T+

Conditions:

Obesity, Childhood, Cancer, Survivorship

More Information

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Phase: NA

IRB

Number: HM20019104

System ID: NCT04656496

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